



YOUSIF
Orthopedic Surgery

Matthew J. Yousif, DO
Sports and Shoulder Orthopedic Surgeon

1500 West Big Beaver Road, Suite 115
Troy, Michigan 4804
Phone: (248) 329 0711
Fax: (248) 269-5553

GENERAL INFORMATION

EXPECT MARIA TO CALL YOU WITHIN 5 DAYS OF OFFICE VISIT, IF YOU HAVE NOT RECEIVED A CALL YOU CAN REACH OUT TO HER (INFORMATION BELOW)

Surgical Scheduler: *Maria B., CMA*

- **Telephone:**(248)329-0711 **FAX:**(248)269-5553
- **Email:** yousiforthopedics@outlookcom
- **Availability:**
 - Monday/Tuesday 8:00AM - 4:00pm
 - Thursday/Friday: 8:00am - 4:00pm
- Facilitates your surgery date and first post-op appointment.
- Coordinates insurance authorizations, provides after-care instruction, disability and work notes, answers questions about pre/post-op care.
- Faxes surgical clearance forms to your PCP. **However, we recommend you call your PCP to schedule a preoperative clearance appointment IF YOU NEED CLEARANCE.**
- If home care/home PT is needed, the company will contact you. Maria sends the orders prior to you surgery.

Prior to surgery, the following updated information must be provided:

- 1. Pharmacy name / phone number**
- 2. PCP name, address, and phone and fax number**
- 3. Allergies (if any)**
- 4. Will surgery be covered under Health Insurance, Work Comp or Auto?**
- 5. If you forget to do this, Maria will double check this information with you upon call to schedule surgery**
- 6. Maria will also confirm all above information is up to date with you**



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PREOPERATIVE CHECKLIST

MUST STOP BLOOD THINNERS BEFORE YOUR SURGERY. Consult with PCP OR CARDIOLOGIST, prior to doing so.

- **14 DAYS PRIOR:** Aspirin, Plavix / Clopidogrel, NSAIDs (Motrin, Ibuprofen, Advil, Aleve, Naproxen, Indocin)
 - **Also included:** Vitamin E and Herbal supplements such as Ginkgo, Garlic and St. John's Wort.
- **5-7 DAYS PRIOR:** Warfarin / Coumadin
- **3 Days PRIOR:** Factor Xa inhibitors: Xarelto (Rivaroxiban), Eliquis (Apixaban) Savaysa (edoxaban), Pradaxa (Dabigatran)

PLEASE CALL MARIA IF YOU NEED TO CANCEL SURGERY NOT JUST THE HOSPITAL HOSPITAL WILL CALL YOU WITH SURGERY TIME THE DAY BEFORE SURGERY.

MUST HAVE A DRIVER TO AND FROM HOSPITAL DAY OF SURGERY.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE SURGERY. THIS INCLUDES WATER, GUM, CANDY AND TOBACCO PRODUCTS.

WEAR LOOSE FITTING CLOTHES, LEAVE VALUABLES AT HOME.



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FOR YOUR SAFETY, HAVE SOMEONE STAY WITH YOU THE FIRST 24 HOURS FOLLOWING YOUR PROCEDURE.

YOU WILL BE GIVEN PHYSICAL THERAPY SCRIPT, DME SCRIPT FOR CRUTCHES, BRACE, WALKER, ELEVATED TOILET SEAT, SHOWER CHAIR, AND ANYTHING ELSE ORDERED BY PHYSICIAN FOR AFTERCARE.

Dr. Yousif typical surgery locations:

- **Troy Beaumont (IF NEEDED FRIDAY PM)**
 - 44201 Dequindre Rd, Troy MI 48085
- **St. John Oakland (Most Thursdays)**
 - 27351 Dequindre Rd, Madison Heights MI 48071
- **Bloomfield Surgery Center (2nd, 4th 5th Tuesdays)**
 - 359 Enterprise CT Bloomfield Hills MI 48302
- **Ascension Rochester (1st Thursday of Month)**
 - 1101 W University Dr, Rochester MI 48307
- **Livonia Medical Center ASC**
 - 19000 ST Joes Parkway, Suite #100 Livonia MI 48152