

- Inpatient
- Outpatient

	Patient's Name:	DOB:
	Please read this form or have someone read it to you	
	• It's important to understand all parts of this form. If something isn't clear, ask us to explain	
	• When you sign it, that means you understand the form and give us permission to do this surg	ery or procedure
I agre	ee for <u>Dr. Yousif</u> along with any assistants* they may choose, to treat the following cor shoulder instability, labral tear	ndition(s):
	oing this surgery or procedure on me: <u>shoulder arthroscopy, diagnostic inspection, labulolabral repair/reconstruction as necessary</u>	oral debridement,
*If yo	ou'd like a list of the assistants, please ask. We can give that to you.	
1	The care provider has explained my condition to me. They have told me how the procedure ca told me about other ways of treating my condition. I understand the care provider cannot guar the procedure. If I don't have this procedure, my other choices are:  No surgery	rantee the result of
2.	unwanted results. The risks that are related to this procedure include: <u>Bleeding, infection injury, stiffness, persistent pain, need for future surgery, death, risks of anesthesia</u>	n, nerve, vessel
3.	I understand that during the procedure, my care provider may find a condition that we didn't k the treatment started. Therefore, I agree that my care provider can perform any other treatme is necessary and available.	now about before ent which they think
4.	I understand the care provider may remove tissue, body parts, or materials during this procedumay be used to help with my diagnosis and treatment. They might also be used for teaching puresearch studies that I have separately agreed to participate in. Otherwise they will be disposed law.	rnossa au fau
5.	My care provider might want a representative from a medical device company to be there duri understand that person works for: <u>Arthrex, Depuy Mitek, Smith &amp; Nephew, Linvatec</u>	ing my procedure. I
	<ul> <li>The ways they might help my care provider during my procedure include:</li> <li>Helping the operating room staff prepare the special device my care provider wants to</li> <li>Providing information and support to operating room staff regarding the device.</li> <li>Doing other things, including providing hands-on help (describe): equipment mainter</li> </ul>	
6.		ions cover the time rocedure, if my
	understand that the blood is 6	

I understand that the blood is from the community blood supply. Volunteers donated the blood. The volunteers were screened for health problems. The blood was examined with very sensitive and accurate tests to look for hepatitis, HIV/AIDS, and other diseases. Before I receive blood, it is tested again to make sure it is the correct type.

My chances of getting a sickness from blood products are small. But no transfusion is 100% safe. I understand that my care provider feels the good I will receive from the blood is greater than the chances of something going wrong. My care provider has answered my questions about blood products.

My decision							
about blood or		No, I do not agree to receive blood or blood products					
blood products		Not applicable		ž.			
		The following restrictions a	pply:				
	_						
My decision		Yes, I agree to receive tissu	e implants if my care pr	rovider thinks they're	needed		
about tissue	_	No. I do not agree to receiv	e tissue implants	the second of the second secon			
	u						
implants		Not applicable	· -				
		The following restrictions a	pply:				
		3	· ·				
I understand this	•	What I am having done and					
form.	•	What other choices I can make instead of having this done					
	•	<ul> <li>The benefits and possible risks (problems) to me of having this done</li> </ul>					
My care provider		The benefits and possible risks (problems) to me of receiving transplants, blood, or					
or [his/her] blood products							
assistants have  • There is no guarantee of the results							
explained:	explained:						
Company of the Compan	procedure room. My provider has explained how this may affect my procedure. My						
	provider has answered my questions about this						
	-	provider has answered my	questions about time				
I give my	1						
permission for		My Signature		Date	Time		
this surgery or		wy Signacure					
procedure		- Al					
Care provider's sta	tement:	I have discussed the planned	d procedure, including th	he possibility for trans	fusion of blood		
Care provider's statement: I have discussed the planned procedure, including the possibility for transfusion of blood products or receipt of tissue as necessary; expected benefits; the possible complications and risks; and possible							
alternatives and their benefits and risks with the patient or patient's surrogate. In my opinion, the patient or the							
patient's surrogate understands the proposed procedure, its risks, benefits, and alternatives.							
patient o surrogate understance are pre-							
Care Provider's Signature Date Time							
			jag.				
	Printe	d name and title of care provider					

# Rotato Cuff Repair

## PHASE 1

Week 0-6

#### PHASE 2

Week 6-12

### PHASE 3

Week

#### **PHASE 4**

Week

veek 12+

16-20

Begin <u>active</u> range of motion

of motion Discharge sling

Codman/Pendulum

exercises

Passive range of

motion ONLY

Begin progressive <u>strengthening</u> & resistance

Starting week 16-20

return to Sport & Work as directed

#### SLING

- Week 0-4 with activity and sleep
- Week 4-6 with sleep
- Week 6 discharge sling completely